

AN INTRODUCTION TO MEDTRACK

As a Medtrack-eligible employee, we would like to introduce you to the program and address any concerns you may have regarding its process.

Shelf Drilling works in partnership with International SOS (Intl.SOS) to deliver a quality care program that helps to ensure your continued good health. The information is also crucial for Intl.SOS medical doctors who provide Shelf Drilling employees with assistance in the event of a medical emergency while on assignment and where such information could be life-saving. It is designed for Shore based Expatriates as well as their dependents living abroad, Rig bases Expatriates, and National Residents/Commuters who are required to travel overseas. Medtrack provides you with a Company paid Medical Examination every three years to help you stay informed of your health. In the event that a medical condition is detected, which requires ongoing care, the Medtrack program will continue to track your health status.

Please be assured that all medical information is held in the **strictest confidence**. Intl.SOS maintains a secured medical database and will not share your test results with anyone at Shelf Drilling other than the Company Medical Advisor. It is important for the Company Medical Advisor to review this data in order to assess an employee's fitness for duty with the medical team at Intl.SOS, however, please be assured that the details of one's medical condition are not discussed with others in the Company.

The documents provided in this pack provide you with essential information needed to schedule and complete your Medtrack physical examination for Shelf Drilling. We encourage you to read through the contents carefully to help you understand the actions that are necessary for you to take, as well as what you may expect before and after you have completed your examination.

Navigating through the process is easy and the step-by-step instructions found in the "Participant Examination Procedures" document, included in the document pack, will provide you with full details. It is very important to remember however, that an approved facility **MUST** be used in connection with a Medtrack examination to ensure proper documentation of your test results and payment of services. A complete list of approved facilities is included in this document pack or available on the Website for your referral.

These facilities have been carefully reviewed for quality assurance purposes, and they have direct billing arrangements already established with Intl.SOS and/or Shelf Drilling. If an approved clinic is not utilized, expenses associated with the Medtrack program will not be paid by the Company and the results will not be processed through Medtrack. Further, it is advisable to confirm with the medical facility that they understand you are attending a Medtrack Examination through Shelf Drilling and that they will bill Intl.SOS/Shelf Drilling accordingly for the services. If you have any questions, however, please feel free to contact your Medtrack Administrator for assistance.

Here are some important tips to keep in mind for your scheduled appointment:

1. You must not eat on the day of your examination until after the blood test samples are taken. Be sure to take your vaccination records with you. In addition, if you are attending a yearly assessment or follow-up examination, please print the "Examination details" of your last examination from the website and present it to the doctor at the time of your examination.
2. Complete all pages of the enclosed medical questionnaire form prior to your appointment and give it to the doctor at the time of your visit.

- You will be required to undergo a series of physical examination, which include but are not limited to: blood tests, an electrocardiogram, chest X-ray and updated vaccinations as deemed appropriate.

***NOTE: If you or the Medtrack physician request additional tests that are outside the scope of the Medtrack examination and are not given prior approval by Intl.SOS, you will be responsible for the costs of the additional tests. Charges for any additional tests outside the Medtrack program will typically be covered under your medical plan and may require pre-authorization from your medical plan administrator.**

- Be sure to ask the medical facility to provide you an “Initial Medical Certificate” after your examination is completed. You may also request the medical facility to mail you a copy of your detailed results for your records.
- Any travel and hotel expenses related to MedTrack examinations must be submitted on an expense report for reimbursement from the Authorizing Person. NOTE: The cost of the examination will be direct billed to the Company.

Once your examination is complete and your status level has been determined, you may access your test results via the Intl.SOS Medtrack secured Website. You will need to establish a user name and password to obtain this information. Additionally, please be sure to log on and print out a copy of your “Complete Medical Results” (health certificate) and present this to your immediate supervisor so they will be aware of your fitness for duty. These will be posted on the Website approximately two (2) weeks after Intl.SOS has received your examination results from the medical facility.

Should you have questions regarding the Medtrack program, there are a number of resources available to you. Matters concerning your eligibility or general information about the process should be directed to your Medtrack Administrator. If you would like to discuss your test results or need assistance in accessing the INTL.SOS Website, you should contact Intl.SOS directly.

Their contact information is as follows:

<p>Shelf Drilling Medtrack Desk P.O. Box 4561 Halfway House 1685, South Africa Medtrack Coordinator shelfmedtrack@internationalsos.com</p>	<p>Tel: +27 11 541 1378 or From U.S. and Canada: 1-800-474-8352, option 5 (Business hours 0600-1800, GMT +2) Medtrack Fax: +27 86 528 2674 or +27 86 528 2982</p>
<p>To view your Medtrack status or print your health certificate, please log on to the Medtrack website</p>	<p>https://healthonline.internationalsos.com/clients/ShelfDrilling</p>